



CTC Newsletter



Summer is Upon Us!

Well in a few short weeks school will out and the summer fun will begin.

In our Summer Program we have many different activities taking place.

Weekly Simulations, test days, Peppler Event, competitions, dress up days and \$10.00 Tuesdays!

This year we are hosting the 35th Annual Peppler Event... Keep checking the downstairs bulletin board for more information about this special event!

Please remember to dress appropriately for the on-ice and off-ice sessions. Running shoes are a MUST for all off-ice classes.



It is recommended for skaters to bring a bottle of water to all off-ice fitness classes!

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Our Email address has changed! Please delete championstc@bellnet.ca from your contact list. Please add info@skatectc.com.

Summer Dress Up Days!

THE SUMMER DRESS UP DAYS WILL BE TAKING PLACE ON THURSDAYS. THIS IS FOR SKATERS AT ALL LEVELS. JUDGING TAKES PLACE AT THE START OF THE STROKING SESSION. COSTUMES SHOULD BE SOMETHING THEY CAN WEAR DURING THEIR REGULAR GENERAL SESSIONS WITH A MINIMAL AMOUNT OF ADDED COSTUMING PRIOR TO JUDGING. HERE IS THE LIST:



© Walt Disney Productions

- WEEK # 1 – POLKA DOTS AND STRIPES DAY
- WEEK # 2 – PINK DAY
- WEEK # 3 – NO DRESS UP – LARRY PEPPLER
- WEEK # 4 – PAJAMA DAY
- WEEK # 5 – HILLBILLY DAY
- WEEK # 6 – ZOMBIE DAY
- WEEK # 7 – WACKY HAIR DAY

Special Points of interest:

- June 22nd and 23rd Make-Up Sessions
- Information about Skates and what we offer!
- Important Dates!

Have you submitted the following forms?



Listed below are all of the items which are due into the CTC office:

Month of June:
 2015/16 Waiver Form
 Medical Form

Month of July:
 Fall School Form
 Skate Canada Membership form

Competitions: (if applicable)
 Summer Sizzle Registration*
 Thornhill Registration *
 * On-line registration

Did you Know???

At CTC we offer many Services.

SKATE SHARPENING

The cost to sharpen skates ranges from \$10.00 to \$15.00. To get your skates sharpened, simply fill out a tag, leave them in the coaches room and they will be ready the next time to skate. Please make sure

you mention you are leaving your skates to your Base Coach and to either Mr Wheeler or Mr Eaton.

OTHER SKATE SERVICES:

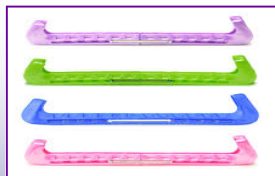
- Blade Mounting
- Boot punching
- Hook replacement
- Boot plugging

SKATE CARE:

In Summer Time please make sure

you take the time to dry your skates. On the weekends take the skates out of your skating bag and let them dry out!

It is recommended to get your skates sharpened approximately every 25 hours.



PRO-SHOP ITEMS:

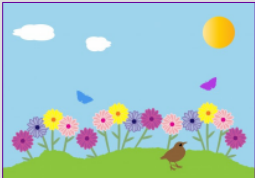
At the CTC, we also offer the following items to our members!

To purchase Tights (Competition or Practice), Guards, Laces (black or white), Skate Tape (Clear or White) simply contact us at 519-624-4532.

We can bring them to the arena!



Make-Up Sessions:

<p>MAKE UP DAY MONDAY, JUNE 22nd, 2015 (FOR MONDAY, MAY 18)</p>	<p>MAKE UP DAY TUESDAY, JUNE 23, 2015 (For SATURDAY MAY 16)</p> <p>3:30 - 4:15pm GENERAL SESSION (Saturday 11:30 - 12:15 session)</p> <p>4:15 - 5:00pm GENERAL SESSION (Saturday 12:15 - 1:00 session)</p> <p>5:00 - 5:15pm STROKING (Saturday 11:15- 11:30 session)</p> <p>5:15 - 5:25pm FLOOD</p> <p>5:25 - 6:10pm GENERAL SESSION (Saturday 10:10 - 10:55am)</p> <p>6:10 - 6:20pm SKILL/DANCE (Saturday 10:55 - 11:05 session)</p> <p>6:05 - 7:00pm ACCELERATED Program (Saturday 9:15-10:10 session)</p>	 <p><i>Sessions take place at Hespeler Arena,</i></p>
<p>REGULAR MONDAY SCHEDULE</p>		

Important Dates:

- June 19th, 2015: Last Day of Ticket Ice
- June 23rd, 2015: Last Day of Spring Program
- June 23rd & 24th, 2015: Spring Test Day
- June 23rd, 2015: PFSC AGM
- June 24th, 2015: Thornhill Registration (to receive discounted fee)
- June 29th, 2015: First Day of Summer Program
- July 1st, 2015: No Skating
- July 2nd, 2015: Summer Sizzle Registration

Please mark these dates down onto your Calendar!!!



- July 17th, 2015: Pepler Event
- July 18th, 2015: Highland Games (PFSC Fundraiser)
- July 21st, 2015: Tentative Summer Test Day
- July 22-25, 2015: Detroit Competition
- August 3rd, 2015: No Skating
- August 6th, 2015: Tentative Summer Test Day
- August 7th-9th, 2015: Summer Sizzle
- August 13th-15th, 2015: Thornhill Competition
- August 21st, 2015: Last Day of Summer Program

Champions Training Centre

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Phone: -519-624-4532
E-mail: info@skatectc.com

We're On The Web!

www.skatectc.com

Skate with the Champions!

Missed Session Procedure

If you are going to be away, please email the Champions Training Centre office. Our email address is: info@skatectc.com.

By doing this, the coaches will be informed of when a skater will be missing. If you email prior to the start of your day's session, you will not be charged for the lesson. Even if your coach is aware of the absence, please email the CTC office.



On Thursday May 14th, 2015 Rachael Dobson and Alexander Sheldrick attended the City of Cambridge Athlete's Award Ceremony at City Hall.

Congratulations Rachael and Alex!