



Champions Training Centre Winter Newsletter

Winter Skating Is Upon Us!

We hope everyone enjoyed the extra hour of sleep!!! Please take a moment to read...



What's Happening?

In this newsletter we will be providing you with not only current information but also important details about the next couple of months. This will include Christmas holidays, simulation information, competitions as well as test days.

It's Getting Cold Inside & Out...

Skaters, how would you answer the following questions?

wanting to achieve your personal goals!

- Do you arrive to the arena in time to stretch your muscles before starting a class or going onto the ice?
- Are you wearing proper attire on the ice and off the ice?
- Do you dress properly to go outside into the cold after finishing an off-ice class?
- Do you make sure to completely dry your skates?

These are all important questions to ask when

Missed Session Procedure

If you are going to be away, please email us at: info@skatectc.com. By doing this, the Coaches will be informed of when a skater will be missing. If you email prior to the start of your day's session, you will not be charged for the lesson. Even if your coach is aware of the absence, please send an email!

October Activities at PFSC/CTC

Besides skaters continuing to develop their skating skills as well as their programs, we have had many other activities taking place this past month.

The Competitive Team showcased their programs on October 27 at the Preston Aud.

We held a PA training session for our

Preston Skaters! Great job everyone!!!

The Recreational Skaters dressed up for Hallowe'en on their skating sessions! Check out Preston FSC Facebook page!

Welcome Back Family Skate was held on Saturday October 20th. It was great to see so many families out!

There is No morning Ice on Friday November 30th, 2018. The session has been replaced.

Skater's will be skating Thursday November 29th, 2018 instead. Times are the same.

Save the date:

2019 Gala

will be held on

Saturday March 23, 2019.

There will be practices during the 2019 March Break

*Clear Ice Simulations
and Team Dinner!*

StarSkate Team Simulations:



On November 26th, 2018 the StarSkate Team will be showcasing their programs or elements at the Clear Ice Simulations at the Preston Auditorium between 3pm and 8pm. The overall schedule will be available shortly!

Team Preston Team Dinner:

The Team Dinner Celebration will be held on Tuesday December 4th, 2018 at the Preston Auditorium. If you have not already done so, please RSVP to: prestonfsc@live.com. All StarSkate & Competitive Skaters should have received an invitation. If they are missing it, or did not receive it, please contact Ms Huston.

StarSkate Photo Day:

Skaters will be receiving a PFSC Photo Order Form. This will be taking place on Monday November 26th, 2018. Skater's should wear their competition outfits. A schedule will be sent out shortly. Skaters are not required to purchase any photos, but we would like to get a picture of each skater.

Important Dates:

Please mark these down on your calendar:

- November 10th, 2018: No Skating @ Preston Auditorium
- November 26th, 2018: StarSkate Simulations, Preston Auditorium
- November 30th, 2018: No AM Ice — Skating November 29th instead
- December 4th, 2018: Team Dinner (StarSkate & Competitive Skaters), Preston Auditorium
- December 8th, 2018: Elementary Synchro Team Competition
- December 14th—16, 2018: Stratford Competition
- December 20th, 2018: Test Day (Tentative date: during the day)
- December 22nd, 2018: Family Skate: 2:10pm to 3pm, Preston Au
- December 22nd, 2018: Last day of Regular Skating in December



Christmas Break



The Last day of Skating before Christmas will be on:

Saturday December 22, 2018.

Skating will resume on:

Wednesday January 2nd, 2019

Preston FSC News

www.prestonfsc.com

The Preston FSC is participating in various fundraisers. Please check out the Preston FSC website or Preston FSC newsletter for the on-going fundraisers.

The Preston FSC is looking for parents to help with the bingo's. If you would like more information about the sessions and how it can help with your skating fees, please contact the Preston FSC club.

Pro-Shop



At the CTC office we offer a number of skating supplies! If you require tights, laces – white or black, clear or white skate tape, you can purchase them from us.

It's very easy – just place your order with Ms Huston and we will bring it to the arena for you!

We have a few skaters who are off the ice currently injured. We hope to see you back on the ice soon!!!

More information about January Make Up sessions will be available in the December Newsletter!