

# CHAMPIONS TRAINING CENTRE

Volume 3, Issue 4  
October 2016

SAVE THE DATE!  
*2017 Gala*  
will be held on  
*Saturday March 25, 2017.*  
There will be practices  
during the 2017 March  
Break.

## **BRRRRR.... IT'S COLD INSIDE & OUT!!!**

This is the time of year when skaters start to feel under the weather! Please remember to dress appropriately for the arenas. Dressing for on-ice sessions and off-ice classes should be different.

If you do catch a cold, these are a few remedies to help make you feel better:



- Get plenty of rest
- Sip Warm Liquids
- Stay Hydrated

If you are going to be away, please email the Champions Training Centre office.

Our email address is:  
info@skatectc.com.

By doing this, the coaches will be informed of when a skater will be missing. If you email prior to the start of your day's session, you will not be charged for the lesson. Even if your coach is aware of the absence, please email the CTC office.

Yes you can make them up but please follow this procedure:



For skaters to make up any sessions, please contact the PFSC in written form (via email) prestonskating@bellnet.ca to receive permission within 30 days of the skater missing.

Skaters are allowed to make up a maximum of 5 skating days. Missed sessions cannot be transferred to any other school.

### Special Points of

#### Interest:

- Preston FSC has re-launched their facebook page. Have you checked it out yet?
- There are many activities/ events taking place within the next 2 months, make sure you update your monthly calendar!

*We hope to see  
Amanda Dunn &  
Ashley Dodsworth  
back on the ice soon!*

## SHARRATT AWARD RECIPIENT



The Sharratt Award is "awarded to a skater who is recognized by their peers as combining excellence in performance with unselfish dedication to the Preston Figure Skating Club". Some former recipients were:

1988 Christine Hough, 1997 Alison Purkiss, 2002 Billy Eaton, 2004 Krista Ricciatti, 2011 Leah Hyslop, 2013 Kinsey Greenfield, 2014 Alex Brauner. The sectional team voted on this years recipient at the

2016 Sectional Team Dinner. We would like to congratulate

### Megan DeJong

on being the Recipient of the Sharratt Award.

## OCTOBER & NOVEMBER ACTIVITIES:

**CHECK OUT ALL THE DIFFERENT ACTIVITIES THE PRESTON TEAM SKATERS ARE PARTICIPATING IN!**

- The Sectional Team participated in the GRSC Simulations on October 1st in Waterloo.
- The Sectional Team Dinner was held on Friday October 21st. (for more information see the next page)
- The Sectional Team showcased their programs on Oct 22nd, 2016 at the Preston Aud.
- Our recreational skaters dressed up in their favorite Halloween Costumes on October 26, 27 and 29th, 2016.
- The Preston FSC hosted a Skate-a-thon and/or Twoonie Fun Skate on Sat Oct 29th.
- Western Ontario Sectional Championships: November 11—13, 2016, Komoka
- No skating at Preston Auditorium on Saturday November 12th, 2016.
- John McKay Competition: November 18—20, 2016, Tillsonburg



## REGIONAL TEAM UP-COMING ACTIVITIES:

On Monday December 5th, 2016 the Regional Team will be showcasing their programs or elements at the Clear Ice Simulations at the Preston Auditorium between 3pm and 7pm.

Once the On-Ice Simulations are completed we

invite all of the team members and their families to the Regional Team Dinner.

This will be held at the Preston Banquet Hall (inside the Preston Aud). Tickets will be available shortly.

If you have not already done so,

its time to chat with your base coach about a skating dress for the up-coming season!

# RSVP

Please RSVP to confirm if you are attending the team dinner:

[prestonskating@bellnet.ca](mailto:prestonskating@bellnet.ca).



## EVENTS TAKING PLACE IN DECEMBER

*Skate Canada Challenge Championships will be held Nov 30—Dec 4 in Quebec.*

*No Ticket Ice on December 2, 2016 or between December 26th to December 30th, 2016.*

*The Regional Team Simulations will be taking place on Monday December 5th at the Preston Auditorium between*

*3pm and 7pm. This is for all Pre-Preliminary to Gold Test Skaters. More information will be sent out shortly!*

*The Regional Team Dinner will be taking place after the simulations are completed on December 5th. Invitations will be sent out the first week of November.*

*On Saturday December 17th, 2016 from 1:00pm—3:00pm PFSC will be hosting their Annual Christmas Family Skate! All are welcome!*

*The next test day is scheduled for*

*Thursday December 22nd between 8am to 2pm at the Preston Aud. Coaches will let the skaters know if they are trying a test closer to this date.*

*The last day of the regular winter sessions before the Christmas Break is Wednesday December 21st, 2016. Regular sessions resume January 2nd.*

*We will be missing a few Fridays and Saturdays in January due to hockey tournaments, we will be making these sessions up on January 3, 4, 5th, 2017 between 10:00am—1:00pm. Actual schedules will be available within the next month.*



# 2017 SECTIONAL TEAM:



*On Friday Oct. 21st the Team Preston Sectional Members and their families gathered at the Kinsmen Hall to*

*celebrate their accomplishment of qualifying to compete at the 2017 WO Sectional Championships. This event will*

*be taking place in Komoka from Nov 11th to 13th, 2016. Throughout the celebration*

*skaters not only participated in the Team Prayer and Team Motto but a number of them also provided insight on what Team Preston Means to Them. Below we have provided you with speeches provided at the team dinner.*

## **2017 Sectional Team:**

**Pre-Juvenile Ladies:** Kaitlyn Elliott, Jodie Robbins

**Pre-Juvenile Men:** Scott Sau

**Juvenile Ladies:** Lily Carbray-Roberts, Mikayla Murch, Meah O'Donnell,  
Jenna Reia

**Pre-Novice Ladies:** Rian Cocchetto, Annie Guo, Jamie Knoblauch

**Novice Ladies:** Megan DeJong, Allie Eby

**Junior Pairs:** Jamie Knoblauch & Cody Wong

**Senior Pairs:** Emilia Simonen & Matt Penasse, Marin Ono & Wes Killing

*Good Luck to Emilia & Matt as well as Marin & Wes who are traveling overseas in November to compete at their "Sectionals"!*

## **REPORT:**

Hi, I'm Jenna Reia and I'm going to tell you what Preston means to me. Preston means a lot to me because we all are a big family and we all support each other. Like when someone has a bad solo we try to pick them up and try to make them happy again. We are all a team. We win together we lose

together. We support each other by cheering each other on at competitions. Another big part is the Coaches. Coaches help you with the littlest thing and to make us better. They also put a lot of time in to making a wonderful Gala. There is no other club I would like to be at... Preston is the best!

## **REPORT: WHAT PRESTON MEANS TO ME**

*By Mikayla Murch:*

*Preston is my second home, not to mention everyone inside the club. Everyone is always so nice, whenever I fall down everyone always encourages me to get back up and when I succeed everyone is always there to congratulate me.*

*I can't image my life without this club, without all the coaches and the skaters. There is always a special vibe when you go onto the ice with everyone or when you do your solo and everyone is watching you. Being on the ice with this team is a great feeling overall.*

*Preston means the world to me, without this club, skaters and coaches I couldn't express myself in the best way I could describe. If I'm not at home or at school I'm at skating, sometimes I just want to give up or walk away or even just go home but this family helps push me further and helps me keep going.*

*Our club has many memories but I can't wait to make more with you guys in the years to come.*

## **REPORT: WHAT DOES PRESTON MEAN TO ME:**

Hi! My name is Kaitlyn and I am so proud to skate for Preston! I have been skating here for 6 years, so over half of my life.

Preston Figure Skating Club has taught me more than just skating; it has taught me about life, working hard, giving best effort and friendship!

The other skaters here are great

role models for me. They encourage me, pick me up when I'm down—literally and cheer me on at competitions!

**GOOOO PRESTON!!!**

The Coaches are talented teachers that really care about me and always know just what I need to do to improve my skating.

Figure Skating is my passion and Preston Figure Skating Club has given me a wonderful second home to grow up in. Thank you for being a fantastic skating family to me!

## **REPORT: BEING PART OF THE PRESTON FSC CLUB:**

**BY: LILY CARBRAY-ROBERTS & RIAN COCCHETTO**

RIAN: BEING PART OF THE PRESTON TEAM HAS BEEN DELIGHTFUL

LILY: HAVING WONDERFUL TEAMMATES

RIAN: AND AWESOME COACHES

LILY: ENCOURAGES US TO WORK OUR HARDEST

RIAN: AND PURSUE OUR DREAMS

LILY: WE HAVE NOTICED THAT IN THIS PAST YEAR

RIAN: WE HAVE IMPROVED A LOT.

LILY: EVERYONE IS SO SUPPORTIVE

RIAN: AND PUSHES US TO OUR POTENTIAL

LILY: SOME OF MY FAVOURITE PARTS OF BEING ON THE TEAM ARE PARTICIPATING  
IN THE ICE SHOW & LARRY PEPPLER

RIAN: MINE ARE GETTING TO SKATE WITH MY FRIENDS AND LARRY PEPPLER AS WELL.

LILY: WE WISH THE BEST OF LUCK TO ALL COMPETING AT SECTIONALS

RIAN: AND ALL COMPETITIONS AHEAD.

BOTH: THANK YOU